Recent Books from Kenya – June 2023

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Biography

Threads of Time: Torture, Imprisonment and a Quest for Social Justice / Mugo Theuri Nairobi: Vita Books, 2023 228p. 9789914962130 \$ 35.00 / PB 346gm.

Mugo Theuri was plucked from his reporting job at the lawcourts in Nakuru after barely three months in post and driven to Nairobi for what would turn out to be 49 days of torture in the infamous Nyayo House. Jailed for four years, he joined the 'Liberation University', the study group in prison, and emerged a much more thoughtful and reflective man. He uses personal memoir to thread his personal experiences into the historical events in the country and the world. His experience with the courts, and his attempt to get justice for his wrongful imprisonment enable him to reflect on the justice system, just as his average scholarship give him clarity of how the country's systems and policies discriminate against the poor and frustrate the right to justice and education. The candour with which Threads of Time is rendered allows the reader into the writer's personal crisis in struggling to reconcile his father's public role as headman during the Mau Mau war of independence in a context where most of his family were guerrillas in the forest, as well as his relationship with religion. Despite suffering memory loss when he was editor-in-chief of The People newspaper, Mugo continued in his post, and his story provides a compelling and different flavour to the fare of history.

http://www.marymartin.com/web?pid=851877

The Colour of the Skunk: A policeman's Diary in Apartheid South Africa / Wilson Lwandhle Magadhla Kenya: Nsemia Inc. Publishers, 2022 xiii, 208p. ; 23cm. 9789966082602 \$ 30.00 / PB 338gm.

The late Wilson Lwandhle Magadhla served in the South African Police Force at the peak of the struggle against the apartheid regime. Even as he remained true to his profession of policing, his heart remained with the freedom fighters; he yearned for a country underlined by equality before the law. Merit, he felt, should be the basis of judging persons rather than the colour of their skin.

Drawing suspicion from both sides of the struggle, the good soldier soldiered on, balancing between loyalty to his people and the profession of keeping law and order.

So what were the conditions like in policing during the years of apartheid? What was life like for a black police officer serving under the authority of one of the most repressive and detested regimes in the world? How did black policemen balance between the need for liberation from the oppressive order of apartheid and their duty to do law enforcement? Following the fall of the apartheid regime, the author went on to serve in Truth & Reconciliation Commission (TRC) that was chaired by the Reverend Desmond Tutu. Magadhla was the head of the Special Investigative Section of the commission. Published posthumously, The Colour of the Skunk is a book for historical records, providing an insider's account of working in government founded racial discrimination. http://www.marymartin.com/web?pid=851843

Herding The Zebra: A rare look at boardroom intrigues in the Kenyan private sector / Peter Otieno Nairobi: Peter Otieno (self publish), 2021 220p. 9789914706963 \$ 25.00 / PB

\$ 23.00 / 280gm.

When Peter Otieno finally left formal employment to focus on his enterprises, he did not anticipate a world of politics and backstabbing the private sector. Leaving an illustrious career in a multinational organization that had systems firmly in place, Peter joins murky world of partnerships and weak governance structures.

The book gives a candid account of the behind the scenes shenanigans of partnership that we rarely glimpse in the private enterprises. Herding The Zebra is a unique corporate memoir; told with honesty that there is no room for sanitizing any elements of the drama that ensues once the idea of barcoding Kenya took root.

The ability to make bold decisions, often against the grain and embracing change, however uncomfortable, proves to be the key to success of GSI in East Africa.

http://www.marymartin.com/web?pid=851844

Madatally Manji: Memoirs of a Biscuit Baron / Madatally Manji (Ed) David Round-Turner Nairobi: Kenway Publications, 1995

x, 174p. 9966465022 \$ 20.00 / PB 238gm.

Madatally Manji was a Kenyan industrialist and entrepreneur, best known for founding the House of Manji, a food manufacturing company. Manji was born in Nyeri, in Kenya's Central Province. He left school early, and worked for some years in a grocery shop, before going into business with his 7 brothers in 1941.

http://www.marymartin.com/web?pid=851845

Leave Unrivalled Legacy: Unmatched Excellency in Service Delivery / Joel Gitau Nairobi: Sightwin Media Int., 2019 xiv, 125p. 9789966190796 \$ 20.00 / PB 164gm.

Joel Gitau has worked in the banking industry for over 20 years and climbed the corporate ladder to become a Branch Manager. What an honour that, he has lifted his corporate veil,

and laid himself bare to teach from his successes and failures. He says it as it is – the good, the bad, and the ugly.

His purpose is to create customer centric employees. He asks the hard questions: Will you be the last person standing when technology shakes the corporate environment? Will you go home empty handed when you retire? How is your work life balance? What kind of a team mate are you? How do you continue rebranding yourself in this competitive era? When are you connecting with yourself, your purpose? Who will cry when you leave that position that you occupy?

This book shows you how to leave an UNRIVALLED LEGACY. It will also inspire you to continue going that extra mile for your customer until you finally say;

"I came, I saw, and I conquered, I touched lives, I made a difference in someone's life! http://www.marymartin.com/web?pid=851846

Mohamed Bakari: Collected Essays Vol. 4 / Mohamed Bakari Nairobi: Wasomi Africa, 2023 iv, 255p. 9789914963779 \$ 40.00 / PB 326gm. http://www.marymartin.com/web?pid=851847

Musalia Mudavadi: An Autobiography: Soaring Above The Storms Of Passion / Barrack

Muluka Nairobi: The Mudavadi Memorial Foundation Trust Fund, 2019 xxvi, 418p. 9789966769961 \$ 40.00 / PB 756gm.

Musalia Mudavadi defies simple definitions and final conclusions. His complex character eludes placement in hackneyed pigeon holes and phraseology. Accordingly, different people distinguish him each after their own labels and even libels. Now in this volume, the man behind the mask lifts the veil for the first time, to give a glimpse into his real world. His story is at once the story of growing up in his family under the patriarch that was his father, Moses Substone Budamba Mudavadi, and his own tour of duty in turbulent public spaces and time. Catapulted into Kenya's stormy politics at the youthful age of 28, he learns to carve his own path, taking his own decisions and stoically staying with them, for better or worse. In the end, this is the compelling story of an individual character told by himself. He invites fellow wayfarers "who should chance to be walking in the direction of my footsteps that they should "find useful lessons that could encourage them to take heart again, in the billowing seas and storms of life".

http://www.marymartin.com/web?pid=851849

Against All Odds / Stephen Kalonzo Musyoka with Caleb Atemi Hong Kong: Peace Book Co., Ltd, 2016 xxvi, 231p. 9789622389700 \$ 40.00 / PB 544gm.

Stephen Kalonzo Musyoka became Kenya's youngest Member of Parliament when he was first elected in 1985 at the age of 31. He went on to serve in public office for 28 uninterrupted years until March, 2013 when his coalition lost the elections.

Against All Odds documents his crucial role as a peacemaker from his early days in school and later his impact on the Sudan and Somalia peace negotiations.

His candid about his fears, anxieties and the nerve-wracking intricacies of Kenyan public life. This is the story of a man determined to walk the straight and narrow path of truth, honesty and integrity.

http://www.marymartin.com/web?pid=851850

Referee Of A Dirty Ugly Game: In the Theatre of Kenya's Elections – an Insider's Account / Ahmed Issack Hassan Dubai: Big Books Ltd, 2023 xxiv, 559p. 9789914748215 \$ 50.00 / PB 1156qm.

Referee of a Dirty Ugly Game is a memoir tracing the life and times of Ahmed Issack Hassan, the first Chairperson of the Independent Electoral and Boundaries Commission (IEBC) under the new Constitution of Kenya 2010. Hassan traces back his early life, schooling and career until he is catapulted into a role that would change his life forever. His narrative details the events that have shaped Kenya's multiparty democracy from a 'referee's' point of view, in a country that has borne and continues to bear the brunt of unmitigated political ambition. It depicts a Chair of an electoral body who did not suffer fools gladly but stood his ground despite mounting pressure and at an enormous personal cost.

http://www.marymartin.com/web?pid=851851

"Just for Today": The life and times of Jean-Marie Seroney (One of Kenya's most ardent Human Rights defenders, a crusader for justice and hero of the first and second liberation.) / Godfrey K. Sang United Kingdom: Dolman Scott Ltd, 2015 9781909204799 vi, 620p. ; 28cm. \$ 55.00 / PB 1520gm.

The book - "Just for Today - the Life and Times of Jean-Marie Seroney" by Godfrey Sang concerns a Kenyan politician, Jean-Marie Seroney, who played a significant role in the movement for Independence in Kenya, and in politics during the first Kenyatta and Moa eras. Seroney died in 1982, and is almost forgotten - or at least ignored - in present Kenya. He is not alone: a question still begging, despite the introduction of Mashujaa Day, is who are genuinely the great people of Kenva's last 50-odd years. To remember them is not to hero-worship them: all heroes have flaws. The point is simply to recognise objectively those who have contributed to Kenya's distinctive political, social and other traditions. It was that ignorance that led Godfrey Sang to turn his hand to this history. He had heard of this great figure, Seroney, from a very elderly neighbour. To find out more, he researched the life and times of Seroney. Mr Sang has placed him in an important historical context, as a great Nandi hero and as a member of that generation that argued for Independence and negotiated hard over its future Constitution. He explains the ups and downs of a volatile, unlucky and sometimes unwise politician. Through the whole story comes Seroney's attachment to scholarship, the law, the Rule of Law, due process and constitutionality. He was an uncomfortable pebble in the shoes of all Kenya's political leaders, a reminder of the promises they seemed to prefer to forget as they walked to power. He was a living demonstration of the lengths to which the powerful would go to suppress dissidents. In all

this, the question the perceptive reader will want to decide is whether Seroney was a great local boy from Tinderet, to be celebrated as such; or whether he transcended his regional and ethnic origins and became a national figure, whose achievements and failures can be assessed and valued by all Kenyans."

http://www.marymartin.com/web?pid=851852

The Cole Legacy / Andrew Enniskillen Kenya: Andrew Enniskillen (self publish) 2022 xiv, 304p. ; 22cm. 9798352585979 \$ 35.00 / PB 434gm.

Although not widely known, the Cole family have made their mark in many different fields over the past 400 years when King James 1 commissioned William Cole to found the town of Enniskillen in Ireland. His descendants, the eldest son of each generation having been enobled to the Earldom of Enniskillen, included distinguished soldiers, anthropologists and politicians, three of whom latterly settled in Kenya in the late 19th century. One married the third Baron Delamere, one married Eleanor Balfour, Prime Minister Arthur Balfour's niece and one remained unmarried, although all three siblings died early from various causes before the age of fifty. Eleanor Balfour's two sons became prominent members of Kenyan society; David Cole the eldest being a member of the pre independence Legislative Council and Arthur one of the first Kenya citizens of European descent. David became the 6th Earl of Enniskillen and returned to the family estate in Ireland at the time of Kenya's independence, and upon his death Andrew the writer of this book became the 7th Earl. This is his story of how the Cole legacy evolved from the foundations laid in Kenya by his grandparents at the turn of the twentieth century and spanning the years before independence to the present day.

http://www.marymartin.com/web?pid=851853

Economics/Development Studies

Kenya Yearbook 2022: National Cohesion and Economic Recovery / Edward Mwasi (Ed) Nairobi: Kenya Yearbook Editorial Board, 2022 252p. 9789966194749 \$ 60.00/ PB 456gm. http://www.marymartin.com/web?pid=851878

The Energy Future of Africa: A Journey Through Africa's Green Revolution and How It Can Change the World / Mugwe Manga Kenya: Footprints Press Limited, 2022 xl, 146p. 9789966022370 \$ 35.00 / PB 308gm.

The Energy Future of Africa provides the inside story behind the kente curtain on how the continent can transform itself, and the world, by unlocking its tremendous renewable energy capital. From transportation to industry, technology, and electricity, the book also delves

into the green hydrogen potential in Africa - the energy of the future - which could eliminate fossil fuels, boost economic growth, and encourage African action on climate change. In this artefact of several years' research and writing, industry player and Co-Founder of Olsuswa Energy, Mugwe Manga, takes the reader through a riveting and timely journey across Africa, highlighting the continent's renewable energy bounty and the innovative ways of harnessing this as a key driver towards long term growth and development. Assessing the current state of the world and its myriad climate dangers, Manga provides the solutions, drawing on his experiences in the renewable energy sector and specialism in geothermal energy. In so doing, he illuminates what it takes to be an African entrepreneur in renewable energy.

http://www.marymartin.com/web?pid=851855

History

Two Paths Ahead: The Ideological Struggle between Capitalism and Socialism in Kenya, 1960-1970 / Shiraz Durrani Nairobi: Vita Books, 2023 xiii, 314p. ; 23 cm. 9789966133120 \$ 35.00 / PB 516gm.

The struggle between socialism and capitalism in Kenya has been long, bitter and violent. Capitalism won with the active support of USA and UK governments at the time of independence in 1963. Yet the original (1960) Kenya African National Union (KANU) Party was in favour of socialism. It was Presidents Jomo Kenyatta and Daniel Arap Moi who used violence to suppress those advocating socialism. They used their power to massacre, assassinate, exile, imprison and disappear people and created a state of terror to silence their opponents. Capitalism became the unstated state policy. Thus, imperialism won and the aims of Mau Mau were brutally suppressed. However, the desire for socialism never died. Resistance movements and opposition parties made socialism their aim, reflecting people's desire for justice, equality and empowerment. Many studies on Kenya focus on personalities or 'tribes' or race as driver of events, ignoring the all-important class and ideological positions of leaders and their Parties. Two Paths Ahead reproduces and comments on the documents from the opposing sides in the battles between capitalism and socialism - the original Kenya African National Union (KANU), its successor, KANU-B, and the Kenya People's Union (KPU) on economy, land, labour, and social policy. It also touches upon the demands of the organisers of the 1982 Coup and traces the political stand of key leaders as proponents of capitalism or socialism. The final section reproduces some of the documents on this ideological struggle. The book exposes the hidden hand of imperialism in the country's rush to capitalism. It fills a gap in understanding the real contradictions that divide Kenya to this day.

http://www.marymartin.com/web?pid=851856

Strangers at the gate: Black Poland / James Omolo Poland: Cosmodernity Consultants, 2017 208p. 9722394711201 \$ 30.00 / PB 326gm. The history of People of African Descent (PAD) is a complex story in itself, and lies at the centre of the history of humanity. This book recounts the multiple realities People of African Descent experience in Poland. The process of migration of PAD had been voluntary and devoid of duress because Poland had no colonies in Africa. Their rational choice for coming to Poland is mainly due to cheap education. Considering that majority of Africans coming to Poland wanted to pursue further education. The African continent for a long time attracted the interest of Polish people who, in spite of their geographical position at the far East of Europe and their non involvement in colonial activities, have always been curious to know more about the distant and exotic to them, regions of the world. Their curiosity about Africa was satiated in the past hundred years or so by a number of scholars and journalists in the field and by travellers who wrote about their experiences. The drama that surrounds PAD's co-existence with Polish community is worth a discourse: the process of transformation that PAD undergoes during their quest for integration, adapting to their new society and still face a hostile environment. The agony that People of African Descent experience in the hands of a specific group is unquestionable.

http://www.marymartin.com/web?pid=851857

Abantu: From the Nile to Kirimaara A Journey of 1000 Years / Engineer Kiruki Mwithimbu Nairobi: Eureka Publishers, 2022 xiv, 397p.

9789966728241 \$ 45.00 / PB 758gm.

This is a book of history spun around common myths of origin fished off medieval archives of the Abagusii, Agīkūyū, Akamba, Aembu and the Ameru. The narrative starts from the banks of River Nile in an area where rive Atbara joins the Nile. The time is around 350AD when the Roman Empire was in its deathbed under pressure from new conquerors emerging from North Africa and the Middle East.

It was this same pressure keg that rampaged through the City of Meroe and left it in ruins. What conventional history doesn't disclose is that Meroe was a city built and run by the Bantu people after having been displaced earlier from their ancient home of Egypt, (Misiri) where they interred their Kings and Queens in one of the greatest wonders of ancient civilization; the Pyramids.

The storyline traces the migration of the Bantu from Meroe to Ethiopia (Abachinia) down to River Omo to Lake Turkana, to Elgon, around Lake Victoria and finally their present day settlement around Mt. Kenya.

The narrative is enriched with known and hitherto unknown morsels of history, geography and folklore designed to create an interesting read both to the cursory paperback reader I, the cultural enthusiast and historian who may connect with a lot of information about our past.

http://www.marymartin.com/web?pid=851858

New Confident Africa: New Social-Economic Morality / Mbira Rimi Nairobi: Blackstone Kenya Ltd, 2019 x, 399p. 9789966181435 \$ 25.00 / PB 524gm.

A new confident Africa is a razor-sharp critique that dissects the malignancy of neocolonialism that has crippled the continent. The contention is that the people of Africa, in the name of modernization, have adopted fatal morals thus shredding the fabric that defines Africa's growth and development. Here, the author is outright that foreign religions, values and attitudes have left Africans in the crossroads ready to take any route to unknown destinations. This us unacceptable. By analyzing the western thoughts, science, economy, and religions vis a vis the African standpoint on the same, Mbira becomes the brave advocate per excellence of the time tested way of life understanding and actualizing the value of African socio-economic realities.

http://www.marymartin.com/web?pid=851859

Mvita: History of Mombasa 12th Century-2012 / Prof. Bethwell A. Ogot & Prof. Madara Ogot Kisumu: Anyange Press Ltd, 2023 552p. Includes Index 9789914400595 History of Kenyan Cities and Towns Series \$ 120.00 / PB 1376gm. http://www.marymartin.com/web?pid=851879

History and Memory in Independent Kenya: A Re-reading of Raila Odinga's "The Flame of Freedom" / Bethwell A. Ogot Kisumu: Anyange Press Ltd, 2019 52p. 9789966135605 \$ 15.00/ PB 150gm.

Bethwell A. Ogot's History and Memory in Independent Kenya: A Re-reading of Raila Odinga's "The Flame of Freedom" is expressively written and provides an objective and well thought out analysis of Kenya's political history. It addresses the roles of major players in these struggles, both individuals and groups, and the institutions and organisations through which the struggles were conducted. He underscores the sacrifices that must be made in order to achieve a nation's transformation from authoritarianism to democratic rule. This engaging and historically grounded book is a must read for any person interested in understanding the history of the struggles for democratic political change in post-independent Kenya. – Prof. Peter. Wanyande, Political Scientist, University of Nairobi.

http://www.marymartin.com/web?pid=851880

Law

Raw Power: Supreme Courts and the Constitutions / Justice J.G. Nyamu (Rtd) Nairobi: Amels Publications Ltd., 2020 xviii, 358p. 9789914708011 \$ 60.00 / PB 466gm.

The author has selected the Supreme Courts of Kenya, India and united states as the focus. He has cast his net wide to include the meaning of sovereignty, constitutional jurisdiction, decisional independence and ethics in the process of judging. http://www.marymartin.com/web?pid=851881

Linguistics

The Maasai Language: An Introduction / David ole Munke (Revised 2nd Edition) Kenya: Utafiti Foundation, 2018 xviii, 294p. 9789966261403 \$ 50.00 / PB 496gm.

The Maasai or 'Maa' language is a member of the East Nilotic branch of the Nilo-Saharan language family spoken in southern Kenya and northern Tanzania. The Maasai tribe is a unique and popular tribe due to their long preserved culture. The Maasai people of East Africa live in southern Kenya and northern Tanzania along the Great Rift Valley on semi-arid and arid lands. The Maasai have a reputation of being fierce warriors renowned for their bravery and valor in battle. Warriorhood prepares young males to be responsible both to themselves and their community. Despite education, civilization, Christianity and western cultural influences, the Maasai people have remained loyal to their traditional way of life, making them a symbol of indigenous Kenyan culture. Maasai's distinctive culture, dress style and strategic territory along the game parks of Kenya and Tanzania have made them one of East Africa's most internationally famous and easily recognized people in the region. Language and culture are inseparable and it is hoped that all readers will find the book a useful guide in not just understanding the Maasai language, but also gaining valuable insight on aspects of Maasai culture and traditions.

http://www.marymartin.com/web?pid=851860

Excellent Trilingual Dictionary: Dholuo-Kiswahili-English With Translated Luo Proverbs / Sibuor, Omeno Sibuor Kenya: Career gestalt International, 2013 246p. 9789966074911 \$ 35.00/ PB 290gm. http://www.marymartin.com/web?pid=851861

The Morpho-Phonology Of The Kenyan Swahili Dialects / Mohamed Bakari Nairobi: Wasomi Africa, 2023 xviii, 338p. 9789914963731 \$ 50.00 / PB 454gm.

Dr. Bakari being a mother-tongue speaker of one of the Swahili dialects is a well-known expert of Swahili among the younger generation of African scholars.

In this book, he.. analyses the morphonological structures of seven Swahili dialects spoken in Kenya, using the new model of "Natural Generative Grammar." Each dialect is treated in a separate chapter. The abstract rules of morphonological processes are demonstrated and attested by many practical examples. In the last chapter, Dr Bakari reflects critically the results of his analyses in the light of the grammatical model applied and develops new perspectives for future historical research in the area of Swahili dialects. http://www.marymartin.com/web?pid=851863

Enchengeria, EkeGusii Dictionary: The Complete EkeGusii Trilingual Dictionary / John Sorana (et al.)

Kenya: Nsemia Inc. Publishers, 2023 xviii, 290p. English & Kiswahili 9789966082916 \$ 35.00 / PB 388gm.

This is a complete EkeGusii-Kiswahili-English dictionary that provides definitions for EkeGusii words. The work has been compiled for over fourteen years of collecting lexemes from the native speakers of the language. The respondents, who provided the raw data, range from former teachers of EkeGusii as a mother tongue to indigenous knowledge experts in the Gusii community. Linguists with expertise in lexicography, phonetics, and translation and interpretation, drawn from the Linguistics department, Kisii University, worked on the technical details. Herein lies the uniqueness of this work: it presents more than mere definitions of word tokens. This edition serves as a template for further exploration, future expansion, and development of orthographic conventions in the language.

http://www.marymartin.com/web?pid=851882

Proverbs of Abagusii of Kenya: Meaning and Applications / Christopher Okemwa Kenya: Nsemia Inc. Publishers, 2012 xvi, 168p. 9781926906270 \$ 20.00 / PB 206gm.

Like most cultural groups, the oral tradition of Abagusii People of Kenya is expressed in, among others, proverbs. These capture lessons and meaning, modulated by time and context as they are passed down generations. Like riddles and metaphors, proverbs express the wisdom of a culture and find apt applications in many situations. Christopher Okemwa's work documents some of the proverbs of Abagusii, their meaning, context in which they are used and application thereof. In this book proverbs are documented in the original form accompanied by English translations in addition to lessons they offer. Embedded in this collection are cultural aspects such beliefs and norms which touch on many aspects of Abagusii society. These aspects include relationships among people, communal life, gender matters, economic issues and many more.

http://www.marymartin.com/web?pid=851883

Literature

Otieno The Villain: A translation of Christian Konjra Alloo's / Otieno Achach (Translator) Sibuor Omeno Sibuor Kenya: Career gestalt International, 2023 119p. \$ 19.99 / PB 108gm.

This story won during the East African Literature Bureau competition in 1965. It is a captivating narration about a young boy, who happened to be the only child of his parents. His mischief could neither be tamed by his parents nor teachers and as a result, he dropped out of school at a tender age.

His criminal behaviour together with bad luck led to the death of eight people. Otieno the son of Odipo was cursed and he suffered throughout his life. At the end, the spirits of these people followed him until he was buried alive.

http://www.marymartin.com/web?pid=851865

I will Marry When I Want / Ngugi wa Thiong'o & Ngugi wa Mirii Nairobi: East African Educational Publishers Ltd, 2018 186p. 9789966461575 \$ 20.00/ PB 162gm.

Ngaahika Ndeenda (I Will Marry When I Want) is a controversial play that covers postcolonial themes of class struggle, poverty, gender, culture, religion, modernity vs. tradition, and marriage and family.

The play was written by Ngũgĩ wa Thiong'o and Ngugi wa Mirii and first performed in Kenya in 1977 at Kamiriithu Educational and Cultural Center.

Set in post-independence Kenya, the play is a searing look at the legacies of colonialism and the difficulties Kenyans faced at the time. It was performed at Kamiriithu for six continuous weeks before it was shut down by the government.

Both playwrights were arrested and detained in December 1977. They were released in December 1978, and fled into exile shortly after. Ngugi wa Mirii fled to Zimbabwe, while Ngugi wa Thiong'o fled to the UK, and then to the United States.

http://www.marymartin.com/web?pid=851866

Diary of the Miaha: A Memoir / VErah Omwocha-Dinda

Nairobi: Writers Guild Kenya, 2019 xxvi, 188p. 9789966136664 \$ 25.00 / PB 214gm.

This is a story of a young girl lost in a world too big for her petite body and unwelcome ideas. A girl trying to understand the love of God. And her husband's. It is about a girl, who is trying to fix puzzles to understand why she is here. And to do what she was sent to do. It's about a girl on a journey to finding herself. To healing the child in her. To finding peace. And digging deep into her soul, to find forgiveness and hand it to the world. Is marriage welcoming of a young girl, broken in so many ways? She asks. http://www.marymartin.com/web?pid=851867

I Am From / Teddy Warria Kisumu: Son of The Nile Ventures, 2019 20p. 9789914749731 \$ 12.00/ PB 60gm.

Poems http://www.marymartin.com/web?pid=851868

Qwani: An Anthology / Qwani Kenya: Qwani trust, 2023 xi, 219p. 9789914491609 \$ 20.00/ PB 418gm.

QWANI-1st Edition is an anthology containing 65 pieces written by 36 different writers. It contains 9 different genres, which are: (i) Short Stories (ii) Poetry (iii) Self-Development (iv) Plays (v) Music Reviews (vi) Art Reviews (vi) Art Reviews (vii) Philosophy (viii) Science (ix) Sheng http://www.marymartin.com/web?pid=851869

The Sponsor / K. Kimuyu Kenya: K, Kimuyu (www.kisauti.com), 2021 250p. ; 21cm. 9789914404180 \$ 22.00 / PB 314gm.

Mzee Ajabu has built a multi-billion-shilling corporation. He also has a wife, three kids, and two glamorous lovers. He thinks he is at the height of his life but his corporation is at the brink of sinking, his wife loathes him, his kids are spiraling out of control and it's all coming undone.

http://www.marymartin.com/web?pid=851870

The Swap Is Full Of Mystery / Annemarie Musawale Kenya: Annemarie Musawale, 2017 82p. ; 22 cm. 9781393630838 \$ 15.00 / PB 112gm. http://www.marymartin.com/web?pid=851871

In Search Of Paradise: A post-apocalyptic gay African romance / Annemarie Musawale Kenya: Annemarie Musawale (self publish), 2017 174p. ; 22cm. 9781393866169 \$ 20.00 / PB 222gm. http://www.marymartin.com/web?pid=851872

Child Of Destiny / Annemarie Musawale Kenya: Annemarie Musawale, 2017 344p. ; 22cm. 9781393058960 \$ 40.00 / PB 422qm.

http://www.marymartin.com/web?pid=851873

Decolonising the Mind: The Politics of Language in African Literature / Ngugi wa Thiong'o Nairobi: East African Educational Publishers Ltd., 1992 (Impression 2021) xiv, 114p. Includes Index 9789966466846 \$ 25.00 / PB 176gm.

Ngugi describes this book as 'a summary of some of the issues in which I have been passionately involved for the last twenty years of my practice in fiction, theatre, criticism and in teaching of literature.

http://www.marymartin.com/web?pid=851884

Child of Destiny, Volume 3 / Annemarie Musawale Nairobi: Annemarie Musawale (Self-Published), 2020 348p. 9781393058960 \$ 35.00/ PB 422gm. http://www.marymartin.com/web?pid=851885

A Cocktail of Unlikely Tales / Empress Ciku Kimani Mwaniki Kenya: Empress Ciku Kimani Mwaniki (Self-Published), 2023 vi, 352p. 9789914496864 \$ 25.00 / PB 438gm.

A collection of eight novella, all love stories, set during the covid-19 pandemic. http://www.marymartin.com/web?pid=851886

Mombasa Raha, My Foot: It is said... but never noticed / Haroun Risa Second Edition Kenya: Haroun Risa (Self-Published), 2022 420p. 9789966133946 \$ 35.00 / PB 486gm.

All it took was Ruth Adhiambo-Khan's discovery of her sister's body outside her doorstep, with a missing organ, for her to make a decision.

A decision that introduced her to a shocking world which continued unnoticed along the Indian Ocean.

A decision that changed everything about the tourism industry in Kenya, and revealed the most haunting of reasons why Mombasa is now a source of human trafficking and sex tourism. http://www.marymartin.com/web?pid=851887

Heart of Surrender / Lillian Bosibori Bogonko Kenya: Lillian Bosibori Bogonko (Self-Published), 2020 260p. 9789914702484

<u>www.marymartin.com</u>

\$ 25.00 / PB 278gm.

The story of Hannah is in many ways our story. From beginning to end the characters honor their part in bringing alive the heart-wrenching decisions that we sometimes have to make when life throws us a curveball. What is it that takes us through those moments? http://www.marymartin.com/web?pid=851888

The Son of Akanga (Arikana Book 1) / W.B. Njeru Nairobi: Arikana Publishing, 2023 330p. 9789914496178 \$ 25.00 / PB 386gm.

This is the first book of 3, in the Arikana Trilogy, detailing the events of the age of Men. It follows the rise of unlikely heroes, who are standing between the forces of Good and Evil, beating for a final clash in Arikana.

Heirs of Kai and the doomlings of Kek and their path to an ultimate showdown! http://www.marymartin.com/web?pid=851889

Notes on Francis Imbuga's: Betrayal in the City / Laban Erapu & Leteipa ole Sunkuli Nairobi: East African Educational Publishers Ltd., 2013 56p. 9789966461001 \$ 10.00 / PB 78gm. http://www.marymartin.com/web?pid=851890 The Lady Who Married A Crow / Johnstone C. Makori

Second Edition Kenya: Nsemia Inc., Publishers, 2023 xii, 104p. 9789966082855 \$ 15.00 / PB 134gm.

In The Lady who married a Crow and Other Stories J. C. Makori brings rare tales and storytelling from the past. The stories capture a tradition and wisdom which, if not documented, would disappear all the same.

Storytelling was at the core of the social fabric of the people of the past. It brought together the young and old, and the raw and experienced. Through this interactive process, the community's cumulative knowledge, experiences and wisdom were passed from generation to generation. The process further cemented the place of the storytellers as custodians of community wisdom, values and history. In this collection, the author has given a glimpse into that past, the lessons the community treasured and wisdom embedded in the stories. Written in the style of the original oral form, the tales offer lessons, and insights into history and culture that could inform the present and shape the future.

http://www.marymartin.com/web?pid=851891

The Last Farewell: Finding Vanessa: A Novel / Kitui Wakape Kenya: The Writers Pen Publishers, 2022 88p.

9798355196745 \$ 15.00 / PB 96gm.

When Richard Webi receives a letter from his girlfriend Vanessa, he promptly makes arrangements to meet her, overcoming insurmountable challenges along the way.

He notices how frail she looks when he arrives in Narok, but he is glad to have reunited with her. At her aunt's home where she's living together with her younger sister, she pours her heart out to him, mentioning how her father had tricked her sister into undergoing FGM, the first step in marrying her off.

Richard offers a listening ear to her and Vanessa is glad that he has visited her. Their happy reunion is however cut short when Vanessa finds Richard in Sanaipei's embrace, a schoolmate and so-called friend. Richard's single act of unfaithfulness thrusts the young relationship into tumultuous waters. Will their relationship ever go back to the way it was before? http://www.marymartin.com/web?pid=851892

More than Meets the Eye and Other Stories / (Ed) J.B. Omukangala Kenya: Namada Books, 2023 168p. 9789914965605 \$ 15.00 / PB 182gm.

This is an interesting anthology of short stories written by ten Kenyans. Its overriding themes are romance, crime and African culture, traditions and history. http://www.marymartin.com/web?pid=851893

The Armageddon and Other Stories: An Anthology of Short Stories from Africa / (Compiled & Ed) Andrew Nyongesa & John Mugubi Kenya: Nsemia Inc., Publishers, 2021 vi, 108p. 9789966082459 \$ 15.00 / PB 136gm.

The unpredictable weather patterns in Africa, the rise of earth's surface temperature, the melting of polar ice caps, rising of sea levels and the blazing wildfires in the Americas and Australia call for urgent action to conserve Mother Nature or risk Armageddon, the final destruction of the planet. This is the subject that runs through this compilation of stories to reiterate Wangari Maathai's assertion that the future of the planet concerns all of us and we should do what we can to protect it. It is the intention of debut and established authors of this anthology to perpetuate Maathai's legacy to avert Mother Natures' vengeance against humanity. The Armageddon and Other Stories, therefore, breaks away from conventional social and political themes on the African literary scene to depict the demerits of deforestation, pollution, logging, the relegation of climate change, and other concerns of ecocriticism. At the crux of the anthology is the argument that the tendency to use financial profits to measure the success of commercial institutions without considering their role in environmental conservation is misleading. – Andrew Nyongesa. http://www.marymartin.com/web?pid=851894

The Merchants of Terror and Other Stories (One Book, Nine Stories) / Baithili J M Linguya Nakuru: Mystery Publishers Limited, 2022 xiv, 90p. 9789966955227 \$ 20.00 / PB 178gm.

Terrorism and the terror it causes; the counter-terrorism operatives combating the menace; impacts of unbridled hedonism and anger; and how an obsession with traditions kills societies. It is a cocktail of stories straddling different aspects of life; the author presents the psychological trauma afflicting a society rather falling into despondency. The Merchants of Terror is a collection of short stories depicting life clutching at straws of hope. http://www.marymartin.com/web?pid=851895

Winter Sun and 106 Other Poems / Saadia Ali Siyat Kenya: African Ink, 2022 168p. 9789914962475 \$ 15.00 / PB 156gm.

Winter Sun is an anthology of 107 poems. Created over a 3-year period. It covers different aspects of life, from spirituality, purpose, love, romance, virtues and principles of ideal living. The artist, Saadia A. Siyat has an inexplicably immense passion for writing and poetry and each word in Winter Sun echoes in tune with the vibration of love for humanity in her soul. It's the desire of the poet that the reader encounters at least one word, if not a whole poem, that speaks directly to his/ her heart.

http://www.marymartin.com/web?pid=851896

Don't You Trust Me? – Bola's Hidden Burden: A Cybersecurity Book For Teenagers / Evalyn Oloo Nairobi: Acyber Institute, 2023 212p. 9788395258816 \$ 15.00 / PB 240gm.

In this captivating story, Bola, a frustrated 13-year-old boy, navigates the challenges of primary school and his complex family dynamics. He finds solace in using his mother's phone to connect with friends on social media. Bola's distrust of adults stems from broken promises in the past, and his household is filled with intense conversations and clashes. His spirited younger sister, Zola, adds to the dynamics, unafraid to confront others.

As the narrative unfolds, Bola's encounters and experiences shape his understanding of himself and the digital world. He connects with an unknown girl named Charm4 on social media, and their relationship evolves into a daily obligation that he must hide from his mother. The strain on his academic performance and well-being becomes apparent, leading to unforeseen consequences. Amid personal struggles, Bola's actions lead to conflicts that challenge his moral compass. The story delves into the complexities of friendship, loyalty, and the importance of honesty and accountability. Bola's journey highlights the risks and pitfalls of the digital realm and emphasizes the significance of cybersecurity and responsible technology use.

Throughout the story, Bola's interactions with friends and encounters with online relationships expose him to the dark realities of the online world. As the consequences of his choices unfold, Bola finds himself isolated and engaging in disruptive behavior at school, spiraling deeper into despair.

This thought-provoking narrative explores the complexities of teenage life, the challenges of navigating the digital world, and the importance of understanding the implications of online interactions. It serves as a cautionary tale, aiming to engage and educate teenagers about cybersecurity and responsible digital citizenship

http://www.marymartin.com/web?pid=851901

Tentacles of Crime / Dennis Odhiambo Kenya: African Ink Publishers, 2023 vi, 164p. 9789914966046 \$ 15.00 / PB 190gm.

Crime can be interpreted as any violation of law. From theft to robbery, extrajudicial killing, corruption and rape, this problem manifests itself in various ways in the society and is the central idea of this story. The origins, levels, types and far-reaching effects of crime are exposed through the life of a young boy who abandons his education to pursue wealth and fame.

Though raised by a protective and caring mother, Faridi Mwema is introduced to criminal activities by his peers, especially one Sadaka whose affluent lifestyle and ways of thriving in illegal pursuits nets his attention. When he is finally kicked out of school as a result of indiscipline, Faridi lands into a sea of afflictions and loses contact with his girlfriend, Molly. Thus, he gets obsessed with finding Molly and weaving a solution to his woes.

http://www.marymartin.com/web?pid=851902

Yananiandama: na Hadithi Nyingine / Geoffrey Mung'ou, Jeff Mandila (Wahariri) Dongoli Za Kitekno Nairobi, Teknobyte Publishers Limited, 2023 iv, 108p. 9789914960051 In Swahili \$ 15.00 / PB 150gm.

Yananiandama na Hadithi Nyingine ni mkusanyiko wa hadithi fupi zinazolenga hadhira ya wanafunzi, wasomaji wa kawaida na wataalamu wowote wale. Huu ni mkusanyiko unaowaleta pamoja waandishi walio na viwango vya juu vya ubunifu na ukwasi wa lugha. Hadithi zilizomo kwa ujumla zinagusa nafasi na nafsi ya msomaji. Bila shaka, msomaji yeyote wa mkusanyiko huu atagundua kuwa waandishi wake ni wenye uwezo mkubwa katika utunzi, fauka ya kuwa wengine wao wanalimbukia fasihi andishi. Naam, ulimbukeni wao umeleta sura ngeni katika ulimwengu wa fasihi andishi.

Jeff Mandila ni mmoja wa waandishi wanaoinukia kwa kasi mno. Ni mwandishi wa riwaya, tamthilia na hadithi fupi kando na utunzi wa mashairi. Alizaliwa karibu na mji wa Kitale mwaka wa 1985. Alijishindia tuzo ya Wahome Mutahi 2012 baada ya riwaya yake ya Sikitiko la Sambaya kuibuka ya kwanza.

Geoffrey Mung'ou ambaye pia ni mwandishi wa riwaya ya Mkakasi ni mhariri katika Shirika la Habari la Standard. Ana shahada katika kitivo cha Elimu (Kiswahili na Historia-Chuo Kikuu cha Kenyatta). Ametoa mchango mkubwa kuhusu Kiswahili katika vyombo vya habari, kwenye makongamano na shuleni. Aidha, amekuwa mwalimu wa somo la Kiswahili katika shule kadhaa za upili nchini Kenya. Mbali na kazi hizi za fasihi, ameibukia na vitabu adhimu kuhusu fani nyinginezo za lugha.

http://www.marymartin.com/web?pid=851874

Nimepoteza Tena: na Hadithi Nyingine / Kikechi Kombo, Kenna Wasike (Wahariri) Dongoli Za Kitekno Nairobi, Teknobyte Publishers Limited, 2023 vi, 154p. 9789914960068 In Swahili \$ 20.00 / PB 170gm.

Nimepoteza Tena na Hadithi Nyingine ni mkusanyiko wa hadithi fupi zinazolenga hadhira ya wanafunzi, wasomaji wa kawaida na wataalamu wowote wale. Huu ni mkusanyiko unaowaleta pamoja waandishi walio na viwango vya juu vya ubunifu na ukwasi wa lugha. Hadithi zilizomo kwa ujumla zinagusa nafasi na nafsi ya msomaji. Bila shaka, msomaji yeyote wa mkusanyiko huu atagundua kuwa waandishi wake ni wenye uwezo mkubwa katika utunzi, fauka ya kuwa wengine wao wanalimbukia fasihi andishi. Naam, ulimbukeni wao umeleta sura ngeni katika ulimwengu wa fasihi andishi.

Kikechi Kombo B. ana Shahada ya elimu na sanaa na shahada ya uzamili kutoka Chuo Kikuu cha Kenyatta. Ni mwalimu mwenye tajiriba pana katika lugha na fasihi ya Kiswahili kwa miaka mingi. Hushiriki uchambuzi wa lugha na fasihi katika Idhaa ya Radio Taifa- KBC. Ameandika vitabu vya marudio katika lugha ya Kiswahili na miongozo tolatola mathalan mwongozo wa Chozi la Heri, mwongozo wa Kigogo, mwongozo wa Kidagaa Kimemwozea na mwongozo wa Mstahiki Meya. Amechangia pia katika kitabu cha marudio cha Kioo Cha KCSE, Mwongozo wa Nguu za Jadi na Mapambazuko ya Machweo na hadithi nyingine miongoni mwa vitabu vingine.

Kenna Wasike ni mwandishi wa kazi za fasihi. Ameandika kazi aula za bunilizi. Aidha, amechangia katika uandishi wa hadithi fupi. Hadithi yake maarufu ni 'Mapenzi ya Kifaurongo' katika mkusanyiko wa Tumbo Lisiloshiba na Hadithi Nyingine. Vilevile, amechangia katika uandishi wa kitabu cha marudio ya fasihi. Kwa sasa yeye ni mwalimu wa Kiswahili katika Shule ya wavulana ya Chesamisi iliyoko gatuzi la Bungoma nchini Kenya. <u>http://www.marymartin.com/web?pid=851875</u>

E Kinywa: ky'Amaggwa / Ulysses Chuka Kibuuka Uganda, Panamaline Books Distributors, 2020 iv, 280p. 9789970597147 In Swahili \$ 30.00 / PB 346gm. http://www.marymartin.com/web?pid=851876

Politics/Current Affairs

The Silent Gun / Mohamed Abdullah Kenya: Mohamed Abdullahi (Self-Published), 2018 130p. \$ 25.00 / PB 212gm.

When drafting this book, | was like someone whose house was on fire, whose family members were living in that house including his/her mother, father, spouse and siblings with no fire extinguishers nearby. At the same time, family members who are inside the house are unaware of the fire incidents.

And the people around the neighbourhoods are unable to see the burning houses. So, the combination of my house is on fire, my people being unaware inside the house, the lack of fire extinguisher and the neighbourhood being unable to see the burning house necessitated me to write up this book entitled "The Silent Gun".

Since people are unable to see and hear the problem in the Horn of Africa-the predominant Somali dwelling territories, I wanted to manifest the magnitude of the problem through extensive literature review, interview key informants and my own observations and life experiences. The book contains real stories, case studies and research findings from Somalia and around the world. http://www.marymartin.com/web?pid=851903

For The Record: The inside story of power politics, lawmaking & leadership in Kenya / Aden Duale

Kenya: Aden Duale, 2023 xxviii, 371p. 9789914491753 \$ 40.00 / PB 670gm.

FOR THE RECORD, The inside story of power politics lawmaking and leadership in Kenya politics Book by Hon Aden Duale EGH

For The record by Hon Aden Duale is peppered with candid recollection of key events, dates and private conversations that illuminate the thinking of Kenya's top leadership. It reads like frank self-assessment – warts and all — from a grassroots lawmaker with a national profile, a clear-eyed introspection by a connected powerbroker.

The book reveals that for the majority of Kenyan politicians, the currency is betrayal, treachery, hypocrisy and greed. For the reticent minority, politics is about personal determination to change lives, strategic focus to sustainably empower people, keeping public interest first. Duale reflects on the philosophy of the hustle. He shows that even if you have a mentor opening doors for you, you must work hard. In the end, with God, all things are possible.

http://www.marymartin.com/web?pid=851864

Kibaki Cabinets: Intrigues – Drama – Triumphs / Roy Gachuhi (et al.) (Eds) Peter Okong'o, Ruth Lubembe & Anne Marie Nyamu Nairobi: Kenya Yearbook Editorial Board, 2020 422p. Includes Index 9789966194749 Kenya Yearbook Editorial Board Biographical Series \$ 120.00 / HB 1738gm. http://www.marymartin.com/web?pid=851904

Science

The First Organism: In Search of An Alternative Theory of Evolution / Innocent Ouko Nairobi: Innocent Ouko (self publish), 2023 xvi, 327p. 9789914741902 \$ 20.00 / PB 398gm.

The dominant theory of evolution springs from Natural Selection, as formulated independently by Charles Darwin. From this theoretical framework, several ideas have been formulated by different scientists. For instance, competition has been the driver of several theories, such as the gene-centered view of evolution. Cooperation has inspired just as

many theories, such as group selection. Some have gone ahead to develop other theories to explain sexual selection to establish some modicum of consistency with Natural Selection. However, how do all these theories conform when we consider the lifetime of the very first organism?

If competition is a strong force, the first organism has nothing to compete with. If cooperation is also another force, it has nothing to cooperate with. If sexual selection is to be considered, it has nobody to woo or impress. What then did the first organism resort to? This book aims to start a conversation about what the first organism might have looked like, and develop features that might clarify what we already understand, what we need to clarify and what we need to improve about evolution. Using what I consider the 4S' statistics, symbiosis, self-organization and size, we begin to unpack some similarities and differences that might be elusive but relevant with respect to the first organism. Through this disassembly and synthesis, the reader will get to learn about what I call the theory of Organismal Selection, or OS in short. How this theory would evolve from now is beyond my reach. We can only wait, discuss, analyze, experiment and see.

http://www.marymartin.com/web?pid=851912

Sociology

The Beast: White Supremacy / James Omolo Kenya: Cosmodernity Consultants, 2020 205p. 9788394711825 \$ 30.00 / PB 332gm.

The beast, white supremacy is about variegated controversial topics on race relations. It delves into the world of White supremacy, a term used to capture the all encompassing centrality and assumed superiority, and the practices based on this assumption. This book builds on the premise of race relations with the onus of dismantling some of the existing biases and prejudices, white privilege and fragility and to prompt white people to take action on the inflictions on Black people. This book helps to understand better and take the concept of white supremacy even deeper into a conversation by offering the historical and cultural contexts in relation to the contemporary issues, underlining the connectivity by providing the language to comprehend the concept of white supremacy and its implications. In a grand scheme, white supremacy is a prominent ideological phenomenon in Europe with social and political implications, where right wing governments instrumentalize institutions to further their ideologies for political gain. Europe is reliving its dark history of Holocaust. The unfolding events since the refugee crisis of 2015 have exhibited a strong reminder that the slogan never again which was meant to circumvent the horrors of the past is being compromised. Recent events in Europe have shown much of desperate situations right from violent attacks on immigrants to lack of acknowledgement and denial of racism. The reasons are also different, from ideologies as nationalism to prejudice towards minorities. http://www.marymartin.com/web?pid=851913

Because We Are People: For The African Feminist Discourse / Lyna Dommie Namasaka Kenya: Lyna Dommie Namasaka 254p. 978134914329 \$ 30.00/ PB 338gm. I wrote this book because we need more voices making arguments for the African feminist discourse. Because I am worried that we, feminists, are moving too fast and leaving too many people behind. Because I am worried about the disconnect this difference is creating and the potential aftermath of this disconnect. Most of all, I needed to counter the false narrative that we live in a post-feminist era.

African feminism exists independent of the white gaze to eradicate gender inequality in Africa. To create societies where women have capacity for choices, access and human dignity. To empower women rather than build on the reactive trauma expressed against male violence in Africa. To make Africans aware that African women are deserving of the humanity accorded to African men rather than to be a tool to disparage men. To drown out the socialised anti-humanitarian propaganda that surrounds the discourse on the equality of the sexes. To dismantle the patriarchy rather than create new ways of surviving it. http://www.marymartin.com/web?pid=851914

Coping with Marginalisation: The Case of Kenyan Somali and Ugandan Muslims / Omar Kalinge

Kenya: Wingate Learning, Inc, 2023 160p. 9798890344977 \$ 25.00 / PB 220gm.

This book examines the challenges of marginalisation that are faced by Muslims of two countries; Kenya and Uganda in their quest for survival. For Kenya, we deliberately focus on the Somali Kenyan or Kenyan Somali. We argue that despite the well-documented marginalisation of both communities, they have risen above them and not only survived but thrived in some instances, leading to the realization that although they carry a minority status, their influence is positively disproportionate to their numbers. So in a sense, it is a book on resilience.

Both communities have had to deal not only with historic social injustices of the past, rooted in structural disadvantages but also the current generalization of their communities as violent extremists, thanks to Al -Shahab and ADF, Allied Democratic Forces. Since the declaration of the war on terror, their often blanket association with the two groups respectively, and often collaboratively, has made them the subject of a huge counterterrorism response by local and foreign governments. Hence, they have been at the receiving end of security agencies' operations and their relationship with their governments has been highly securitized.

The first part of the book is a situational analysis of the state of marginalisation, the resilience factors and recommendations for positively changing the situation. It also touches on the critical subject of terrorism and outlines Islam's stand on the vice perpetrated by a very small section, but that has put both communities in disrepute.

The second part deals with accountability; or rather, the responsibility of the communities. So, whereas there is a lot that can be catalogued as complaints or grievances, the communities have a responsibility to be better and exemplary. It presents a few actions that need to be emphasized to build stronger, better organised and peaceful communities, to suffocate the spaces for negative mobilization of especially young people. It also brings the role of the Mosque into focus. This section is intended for community organizers, leaders and those interested in self-examination. It is also useful for agencies that take an interest in strengthening the resilience of Muslim communities who may want to support initiatives in the community that would reduce the risk of individuals and groups falling prey to negative behaviour, but also to reverse and undermine the effects of marginalisation. http://www.marymartin.com/web?pid=851915